



Board of Health Agenda

Date: February 7, 2024

Time: 3:00 PM

Location: Conducted by Remote Participation

1. Administrative

BOARD OF HEALTH MEETING AGENDA

Date: Wednesday, February 7, 2024

Time: 3:00pm

Location: Conducted by Remote Participation

In accordance with the Governor's Order Suspending Certain Provisions of the Open Meeting Law, G. L. c. 30A, § 20, the February 7, 2024 public meeting of the Arlington Board of Health shall be physically closed to the public. The meeting shall instead be held virtually using Zoom.

Zoom Login instructions:

Instructions and the meeting link for this specific meeting can be found on the Board's agenda and minutes page or on the Town's meeting calendar. The meeting registration information is listed below. When attendees enter the meeting, they will be placed into a virtual waiting room. Attendees will be admitted into the meeting from the waiting room at the start of the meeting.

Please register in advance for this meeting: <https://town-arlington-ma-us.zoom.us/meeting/register/tZEkd-uvpjMoEtOuCQkM3ciWZJA9BYAE0IK#/registration>

On this agenda:

2. Acceptance of Meeting Minutes from November 1, 2023
3. Acceptance of Meeting Minutes from December 6, 2023
4. HEARING:
Ink Jam - Variance Request
5. UPDATES:
Director
6. UPDATES:
Environmental Health
7. UPDATES:

Restaurants

8. UPDATES:

Public Health Nurse

PUBLIC COMMENT

Adjourn



Town of Arlington
Department of Health and Human Services
Office of the Board of Health
27 Maple Street
Arlington, MA 02476

Tel: (781) 316-3170
Fax: (781) 316-3175

BOARD OF HEALTH MEETING AGENDA

Date: Wednesday, November 1, 2023
Time: 3:00pm
Location: Conducted by Remote Participation

In accordance with the Governor's [Order Suspending Certain Provisions of the Open Meeting Law, G. L. c. 30A, § 20](#), the November 1, 2023 public meeting of the Arlington Board of Health shall be physically closed to the public. The meeting shall instead be held virtually using Zoom.

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Please register in advance for this meeting: <https://town-arlington-maus.zoom.us/meeting/register/tZUrduhrTMpEtFfXgnoFFBlvUUucmSEVD#/registration>

On this agenda:

Director Natasha Waden, Public Health Director for the Town of Arlington made the following opening statement. Consistent with the Governor's orders suspending certain provisions of the Open Meeting Law, this Town of Arlington Board of Health meeting is being held virtually via Zoom for audio and video participation of Board Members and the public. When you entered this meeting, you were automatically muted. During this meeting you will be unmuted individually as needed. These controls are in place to ensure that today's meeting is safe and effective. At this time, I would like to confirm that all members and persons anticipated on today's agenda are present and can hear me.

Board Members, when I call your name and unmute you, please respond in the affirmative.

1. Marie Walsh Condon, Aye Present
2. Laura White, Aye Present
3. Peter Rice, Aye Present

Health Department staff, please respond in the affirmative when I call your name and unmute you.

1. Pat Martin, Aye Present
2. Charlotte Breef-Pilz, Aye Present
3. Abby Carroll, Aye Present
4. Colleen Leger, Aye Present

Applicants and Representatives, do we have anyone on the call representing an application?

1. Body Art Practitioner Application Hearing – Jonathon Santos, Present
2. Body Art Practitioner Application Hearing - Francisco Mejia (Joined later in the meeting)

Thank you everyone.

As stated, this Open Meeting of the Arlington Board of Health is being conducted remotely consistent with the supplemental budget bill signed by Governor Healey on March 29, 2023.

The Order allows public bodies to meet entirely remotely so long as reasonable public access is afforded so that the public can follow along with the deliberations of the meeting.

Ensuring public access does not ensure public participation unless such participation is required by law. This meeting will have several public comment periods, one during each of the hearings and one at the end of the meeting. If you would like to comment during one of the public comment periods, please use the "Raise Hand" function if on a computer, or "Dial *9" if on the phone. When your name or phone number is called, and you are unmuted, please state your name and provide your comment. All attendees will be afforded 3 minutes for any comments.

For this meeting, the Board of Health is convening by telephone and computer conference via Zoom as posted on the Town's Website identifying how the public may join.

Only Health Department staff will be able to share their screen during this meeting. Board Members and Department Staff may be participating by video conference. Accordingly, please be aware that other folks may be able to see you. Anything that you broadcast may be captured by the recording.

All of the materials for this meeting are available on the Novus Agenda dashboard, and I recommend that Board Members and the public follow the agenda as posted on Novus unless otherwise noted. Members of the public are encouraged to provide written public comments.

Before we get to today's agenda, I am going to cover some ground rules for effective and clear conduct of our business and to ensure accurate meeting minutes.

Marie Walsh Condon, the Board Chair, will introduce each agenda item. After the item is presented, she will go down the list of Board Members, inviting each by name to provide any comment, questions, or motions. Please hold comments or questions until your name is called and you are unmuted.

For any response, please wait until the Chair yields the floor to you, and state your name before speaking.

Finally, each vote taken during this meeting will be conducted by roll-call vote.

Dr. Marie Walsh Condon welcomed all to today's Board of Health meeting and reviewed today's agenda.

Agenda Items

1. Acceptance of Meeting Minutes from July 12, 2023

Motion made by Dr. Marie Walsh Condon to accept the July 12, 2023 Meeting Minutes as submitted.

2nd by Dr. Peter Rice

- 4. Marie Walsh Condon, Aye
- 5. Laura White, Aye
- 6. Peter Rice, Aye

Vote: 3-0 (unanimous) in favor of the motion

2. CORRESPONDENCE

RECEIVED:

Irfan Modi - Arlington Smoke Shop

Inspector Martin informed the Board that correspondence was received from Arlington Smoke shop requesting that the regulations around adult only retail locations be updated to allow these locations to sell items not just related to tobacco products and its paraphernalia.

Dr. Walsh Condon stated the board will consider updating the regulations. Updating Body Art Regulations and Recombinant DNA and Biosafety Regulations would precede tobacco retail regulations.

Dr. Walsh Condon opened the floor to colleagues and board members to ask questions.

Dr. Laura White wondered if the Town of Arlington is inconsistent with its neighbors in regards to retail tobacco regulations. Dr. White also looked for clarification on the products only relevant to those over 21. Dr. Walsh Condon clarified that there are two different retail licenses; one for retail tobacco and one for a smoke shop. Dr. White inquired why Arlington has two permits.

Director Waden provided more detail on the regulations, stating that the Town of Arlington has always been progressive with tobacco regulations. The main difference is that a smoke shop intends on selling tobacco/nicotine delivery products and therefore no one under the age of 21 is permitted to enter the facility. Whereas a retail tobacco permit allows for the sale of other products and something that is issued to a convenient type store and is accessible to patrons under the age of 21. The owner of the establishment has the discretion to decide if they want to obtain a permit as Adult Only or Retail. Director Waden agreed to look into that and report back to the Board at the next meeting.

Dr. Walsh Condon responded to Director Waden and clarified for the board that this retailer decided to apply for a Smoke Shop Permit.

Dr. Peter Rice had no questions or comments.

3. HEARING:

Appointment of Brian McCracken as Agent of the BOH

Inspector Martin informed the Board that as part of a regional tobacco collaborative, Brian McCracken has been hired as a part time inspector and in order for him to conduct compliance checks in Arlington, the Board would need to appoint him as an agent of the board. Director Waden clarified for the board that Mr. McCracken would be a counterpart to the Regional Tobacco Program Coordinator, Rotem Aloni.

Dr. Laura White had no questions or comments.

Dr. Peter Rice asked for clarification that Mr. McCracken did not need to be in attendance at this meeting to be appointed. Dr. Walsh Condon confirmed that Mr. McCracken can be appointed in absentia.

Motion made by Dr. Marie Walsh Condon to approve Brian McCracken as an agent of the board of health.

2nd by Dr. Laura White.

Marie Walsh Condon, Aye
Laura White, Aye
Peter Rice, Aye

Vote: 3-0 (unanimous) in favor of the motion

4. UPDATES:

Environmental Health

Inspector Martin stated that since the meeting on July 12, 2023, AbCellera has submitted all requested documentation. These documents were reviewed and approved by Rebecca Caruso, Biosafety Consultant for the Arlington Health Department. The department has approved AbCellera's request to begin large scale production.

Floor yielded to Director Waden who updated the board on the Artificial Turf Study Committee. Director Waden reminded the Board of the establishment of this committee at last spring's Town Meeting and explained that the Director of Human Services or her designee is responsible for organizing the first meeting. As such, the Director of Human Services has asked if a Board of Health Member or the Public Health Director would be interested in serving in this role.

Dr. Marie Walsh Condon is in favor of a member of staff filling this role, but offered her service to consult to the committee representative.

Dr. Laura White agreed with Dr. Walsh Condon. Dr. White wants regular updates to the Board on the progress of the committee.

Dr. Peter Rice agrees with Dr. Walsh Condon and Dr. White. However, stated he would be very interested in serving in this role if a board member was preferred.

5. UPDATES:
Restaurants

Inspector Martin reported that there are no significant restaurant updates at this time. The renewal packets are being sent to businesses as the end of the year approaches.

Director Waden added that funding from the Public Health Excellence grant (Collaborative) is available to help with allowing for more food inspections to be conducted by our food consultant since the department has been short staffed. Waden stated this will help to ensure that all food establishments are in compliance with the inspection schedule. Waden stated it has been a great group to work with and regular updates on the work will be incorporated into BOH meetings moving forward.

Dr. Peter White asked department staff if any new restaurants would be opening soon.

Inspector Martin answered that there are a few plan reviews that are being processed. There may be one or two open before the New Year.

6. HEARING:
Body Art Practitioner Application - Francisco Mejia

Inspector Martin reported that an application was received for Body Art Practitioner from Francisco Mejia. Mr. Mejia's application is complete and meets all requirements. Mr. Martin recommend Mr. Mejia's application for approval.

At the request of Dr. Walsh Condon, Mr. Mejia shared that he has been tattooing for fourteen years, and has worked in Boston for the past eight years.

Dr. Laura White had no questions or comments.

Dr. Peter Rice asked for clarification on the regulatory body of Body Art in Massachusetts. Dr. Walsh Condon explained that local regulations permit Body Art Establishments and Practitioners. It is also required that Practitioners come in front of the board for approval.

Motion made by Dr. Marie Walsh Condon to approve Francisco Mejia's application for Body Art Practitioner as submitted.

2nd by Dr. Peter White.

Marie Walsh Condon, Aye
Laura White, Aye
Peter Rice, Aye

Vote: 3-0 (unanimous) in favor of the motion

7. UPDATES:
Public Health Nurse

Nurse Jessica Kerr was unable to attend and Director Waden presented on her behalf. Director Waden shared that the Department has created a dashboard that tracks respiratory illnesses. The dashboard is currently reporting low severity of influenza, and low hospitalizations for COVID-19.

Director Waden informed the board about the departments flu clinic and vaccination efforts. Particular attention was given to seniors, by distributing flu vaccines at the Arlington Housing Authority, and holding a clinic at the Health and Human Services office for seniors and town employees.

The Community Needs Assessment and the Community Health improvement Plan process is moving forward. Proposals have been submitted based on the RFP, staff are reviewing the applications and determining if the process will be moving forward. The funding for this project is from AARP, the town manager is looking at unspent funds for any funds that may be reallocated.

PUBLIC COMMENT

No public comments.

Dr. Marie Walsh Condon asked for an update on the Narcan program.

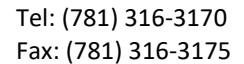
Director Waden informed the board that the Prevention Services position now supports all populations in Arlington and is managed by Director Anna Martin. Ms. Martin has been working with the Massachusetts Department of Public Health and the Town of Arlington is now approved to distribute Narcan. Ms. Martin has been collaborating with community partners to distribute Narcan to all residents. Narcan can be picked up from the Department, brief instructions are given and it is free to all residents. The Department's goal is to inform the public that Narcan is readily available. Another initiative is the SAMboxes, over dose emergency kits, have been purchased with Opioid Settlement Funds and will be put in publicly accessible buildings. There will be increased outreach on this topic on social media. The department also has Xylazine test stripes available to the public. Xylazine is a non-opioid veterinary tranquilizing drug that has fatal effects in humans; Narcan does not work on Xylazine. The test stripes are a harm reduction option available to the public for testing a product.

Motion made by Dr. Marie Walsh Condon to adjourn.
2nd by Dr. Peter Rice

1. Marie Walsh Condon, Aye
2. Laura White, Aye
3. Peter Rice, Aye

Vote: 3-0 (unanimous) in favor of the motion

Thank you everyone for attending and participating in today's meeting. Have a nice day.



1. Pat Martin, Aye Present
2. Charlotte Breef-Pilz, Aye Present
3. Abby Carroll, Aye Present

Applicants and Representatives, do we have anyone on the call representing an application?

1. Cathy Chen – Variance Request
2. Qiao Chen – Variance Request

Thank you everyone.

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Dr. Marie Walsh Condon welcomed all to today's Board of Health meeting and reviewed today's agenda.

Agenda Items

1. VARAINCE REQUEST:
Qiao Chen – Umi Sushi

Inspector Martin has reviewed the application and recommends that the board approve the variance. All documents are included and clearly outlined the staff's methods.

Dr. Walsh Condon had no questions and invited the restaurant owners to comment on the variance request.

Cathy Chen is translating for Qiao Chen. Qiao Chen states that the chef of the restaurant has 17 years of sushi experience. They are planning to follow the procedure outlined in the HACCP plan and they are confident in their experience.

Dr. Peter Rice asked if it necessary for the establishment to have a variance?

Inspector Martin responded that a variance is required because cooked rice is a potentially hazardous food and must be held at cold (41 degrees F) or hot (135 degrees F) temperatures. However, sushi is prepared at room temperature and must be rendered non- potentially hazardous. As such, the owners are requesting a variance to change the pH of the rice by adding vinegar to render it a non-potentially hazardous food.

Motion made by Dr. Laura White to approve Umi Sushi to use acidification, through the use of a vinegar solution, to render cooked rice a non-time/temperature control for safety (non-TCS) food.

2nd by Dr. Peter Rice.

Marie Walsh Condon, Aye
Laura White, Aye
Peter Rice, Aye

Vote: 3-0 (unanimous) in favor of the motion

2. DISCUSSION:
Board of Health meeting schedule

Dr. Marie Walsh Condon has a schedule conflict on January 24. The meeting has been moved to February 7th. There is no conflict with the department.

The meetings will start at 3:00 pm.

3. UPDATES:
Director

Artificial Turf Study Committee:

Director Waden provided a brief summary to the Board about the first meeting of the Committee. Director Waden reported that she will been elected the chair, and that the Committee is comprised of seven voting members and two non-voting members.

Director Waden informed the Board that committee has three months to complete its work and is currently working on identifying the topics to be studied under the categories outlined in the Warrant Article. Additionally, written comments can be submitted to the Committee through the BOH email prior to meetings and a designated webpage has been set up on the Town website where more information can be found about the Committee and its work. Dr. White inquired about the directives given to the Committee. Director Waden summarized it by stating it is to review and report on the health, safety and environmental impacts associated with artificial turf fields and to compare artificial turf fields to natural grass turf fields.

Public Health Excellence (PHE) Collaborative Grant

Director Waden reviewed Arlington's involvement in the Metro Public Health Collaborative, a PHE collaborative grant with the Health Departments of Arlington, Belmont, Brookline, and Newton. In the current structure, Brookline is the host agency and fiscal agent for grant funds. As such, staff members have been hired as Town of Brookline employees to run this program and include the following: one program manager, one epidemiologist, and one field inspector. Although, the current field inspector will be leaving to pursue a new opportunity, the collaborative is currently advertising to hire two new shared inspectors. Belmont and Arlington will share one inspector and Brookline and Newton will share the other. Director Waden reported on some potential projects that the Collaborative is interested in working on which include the following; a rodent media campaign, software for digital record keeping, standardizing operating procedures, and assessing the training needs across the various communities. Additionally, funding for Arlington's part-time public health nurse, David Neylon, will change over to the Collaborative and now be a resource for all of the communities.

Tobacco Control Regulations

Director Waden provided an update regarding tobacco regulations from last month's meeting. Adult-only establishments are allowed to sell higher percentage nicotine products and marijuana accessories, but are not allowed to sell any other products. Director Waden wants to reach out to the tobacco collaborative and Massachusetts Association of Health Boards, MAHB, for information highlighting the differences in these two tobacco retailers prior to considering any potential changes to Arlington's regulations. Dr. Rice asked for more information about the tobacco collaborative. Director Waden replied that the regional inspector is doing inspections for all of the towns in the collaborative (different from the PHE collaborative). This also includes compliance checks with underage inspections.

Town Meeting:

Town meeting warrant opens on Friday, December 8. Director Waden expressed interest in submitting a warrant to propose some minor changes to the leaf blower bylaw. Dr. Walsh Condon wanted clarification on who would be submitting the warrant. Waden reported it would be submitted at the request of the Town Manager.

Community Health Needs Assessment

Waden reported that a vendor has been chosen for the Community Health Needs Assessment and Health Improvement Plan. Although the contract has not yet been sent and signed, Waden wanted the Board to know the status of the project and plans to share additional details about the vendor and plan at the next meeting.

Sealer of Weights and Measures

Director Waden informed the Board that the Department has hired a sealer of weights and measures. The position is limited to 312 hours/year or roughly 6 hours a week. Given the nature of the work, inspecting scales, gas pumps, and various other items around town, it is likely that the hours may fluctuate at different times of the year. Waden's goal is to work with the new Sealer to evaluate and re-establish the program.

New Staff:

Director Waden introduced Abby Carroll, the part time public health associate, and Charlotte Breef-Pilz, Health Compliance Officer to the board.

4. UPDATES: Environmental Health

Inspector Martin discussed the community rodent forum that was hosted earlier in the year and that planning has begun for a 2024 rodent forum. Mr. Martin also informed the board that the department is in the process of finding a Northeastern University co-op student to host for the spring semester. This is a program that was in place prior to the pandemic and the department is looking forward to offering this opportunity again.

5. UPDATES: Restaurants

Inspector Martin reported that there are two new establishments Aya's Culture Kitchen and Mill Street Café.

6. UPDATES: Public Health Nurse

Nurse Jessica Kerr was unable to attend and Director Waden presented on her behalf. Director Waden shared that the flu and RSV are circulating. The Department has concluded their vaccination clinics for 2023.

Director Waden informed the Board that there have been ongoing internal conversations about the need/accessibility to vaccines for school age children, especially those who are new to the Country. Director Waden shared that this topic is also being discussed in the PHE collaborative and there may be some interest in a regional initiative to address this need.

There were no questions or comments from Dr. Laura White or Dr. Peter Rice.

PUBLIC COMMENT

No public comments.

Motion made by Dr. Peter Rice to adjourn.
2nd by Dr. Laura White.

1. Marie Walsh Condon, Aye
2. Laura White, Aye
3. Peter Rice, Aye

Vote: 3-0 (unanimous) in favor of the motion

Thank you everyone for attending and participating in today's meeting. Have a nice day.



Town of Arlington
Department of Health and Human Services
Office of the Board of Health

27 Maple Street
Arlington, MA 02476

Tel: (781) 316-3170
Fax: (781) 316-3175

MEMO

To: Board of Health Members
From: Charlotte Breef-Pilz, Health Compliance Officer
Date: February 1, 2024
RE: Request for Body Art Apprentice Variance

The following is a variance request from the Town of Arlington's Rules and Regulations for Body Art Establishments and Practitioners. The request for variance is regarding the two year actual experience in the practice of performing body art activities of the kind for which the applicant seeks a body art practitioner permit to perform. Owner James Quinn of Ink Jam Studio is looking to have applicant Ms. Isabel Rourke become a Body Art Apprentice. The variance request contains documents that have been adapted from local municipalities (predominantly Cambridge, Medford, and Lowell) that permit Body Art Apprentices through their local regulations. Examples of task sheets, time logs, and skill levels intended to track Apprentice experience and progress are included for your reference.

Currently, Ms. Rourke has provided proof of all practitioner training and experience required in the Town's Body Art Regulations, with the exception of:

(5) The applicant for all practitioners shall submit evidence satisfactory to the Board of at least two years actual experience in the practice of performing body art activities of the kind for which the applicant seeks a body art practitioner permit to perform, whether such experience was obtained within or outside of the Commonwealth.

This variance would enable Ms. Rourke to gain the two years of body art experience required by (5).

I recommend granting Ink Jam a variance for Ms. Rourke to work as a Body Art Apprentice.

Enclosed please find: the variance documents and applicable components of the *Town of Arlington Rules and Regulations for Body Art Establishments and Practitioners*.



Town of Arlington
Department of Health and Human Services
Office of the Board of Health
27 Maple Street
Arlington, MA 02476

Tel: (781) 316-3170
Fax: (781) 316-3175

APPLICATION FOR A BODY ART PRACTITIONER PERMIT

Practitioner Information:

Your Name Isabel "Izzy" Rourke Home Telephone [REDACTED]

Home Address [REDACTED]

Mailing Address _____
If different from home address

E-mail: izzyrourke17@gmail.com

Social Security # [REDACTED] Date of Birth [REDACTED]

Establishment Information:

Name of Establishment Where You Practice Ink Jam Tattoo Studio

Address 12 Park Ave ^{Arlington MA} 02474 Telephone 781-316-2393

Hours You Operate ¹²⁻⁸ Sat ¹²⁻⁵ Sun Manager's Name Jim Quinn

Please submit the following information:

- 1.) Two forms of positive picture identification
- 2.) \$200.00 fee made payable to the Town of Arlington
- 3.) Documentation of training and experience as required in section 12.G (2) of
**Town of Arlington Rules and Regulations for Body Art Establishments
and Practitioners.**

*I have received, read, understood and agree to follow all rules and regulations specified
in the Town of Arlington Rules and Regulations for Body Art Establishments and
Practitioners.*

Sign Isabel Rourke Date 12/8/23

December 4th, 2023

Isabel Rourke
83 Brattle Street
Arlington, MA 02474

Town of Arlington
Department of Health and Human Services
Office of the Board of Health
27 Maple Street
Arlington, MA 02474

RE: Letter of Intent

To: Head office of the Board of Health

I would like to take this opportunity to introduce myself. My name is Isabel Rourke and I've pursued a lifelong passion for art since childhood. I have been a practicing artist for most of my life and take interest in many mediums. I had the opportunity to hone my art skills through taking college art courses while I studied for my BA in Anthropology at St. Lawrence University. My specialized background areas of study include drawing, ceramics, Mokuhanga and linoleum block printing, and sculpture. In addition to my art classes at St. Lawrence, I was a gallery attendant for the Richard F. Brush Art Gallery. As a gallery attendant I helped pick gallery themes, select artists, hang up current art and curated the space, held workshops, and monitored art glasses and gallery guests.

At this time, I am voluntarily working at Ink Jam Tattoo Studio to learn business in tattooing and, respecting the Town of Arlington and the Board of Health rules and regulations, working towards learning the art of tattooing. I am honored at the opportunity to have James Quinn pass on his skills and mentorship based on the merit of my art qualifications and passion towards the future of tattooing.

In working alongside the guidance of James Quinn, I agree to adhere to all rules and regulations regarding body art and body tattooing. I intend to establish and maintain a safe and healthy art practice that will professionally represent Ink Jam Tattoo and the Town of Arlington in becoming a professional licensed tattoo artist. I fully understand that violation of the guidelines, rules, and regulations, may be cause for administrative action by the Board of Health.

Thank you for your consideration.

Sincerely,

A handwritten signature in black ink, appearing to read 'Isabel Rourke', with a stylized, flowing script.

Isabel Rourke

December 4th, 2023

James Quinn
Ink Jam Tattoo Studio
12 Park Avenue
Arlington, MA 02476

Town of Arlington
Department of Health and Human Services
Office of the Board of Health
27 Maple Street
Arlington, MA 02476

RE: Body of Art Apprentice Variance for Isabel Rourke

Dear Public Health Official,

I've identified a strong candidate for the apprentice position. Isabel Rourke is a committed artist and a great fit to work at my shop as an Apprentice. Isabel has an extensive background in studio art and has worked in multiple mediums. She is highly qualified and has a strong passion for art. I am excited for this opportunity and look forward to training and sharing my skills and knowledge with Ms. Rourke.

I agree to adhere to all regulations, rules, and guidelines regarding body art, body tattooing, and the Art Apprentice Variance from the Arlington Board of Health. I intend to train Ms. Rourke in a clean and safe environment following all rules and regulations. I further understand that violation of the regulations, rules, and variance may cause for administrative action by the Board of Health.

Thank you to the Town of Arlington and the Board of Health for accepting my request to obtain an Art Apprentice License. Let me know if you have any questions or concerns.

Sincerely,



James Quinn
InkJam12@gmail.com
(781) 316-2393



National CPR Foundation™
Provider Card

Student: **Isabel Sylvia Rourke**

The mentioned individual is now Certified in the mentioned Course by demonstrating proficiency by successfully passing the Examination in accordance with the Terms and Conditions of National CPR Foundation (NCPRF). Valid for 2 Years.

ID#: **85D1747E**
Date: **11/16/2023**

Certificate: **CPR / AED / First-Aid**

Course administered by National CPR Foundation in accordance with the 2020 ECCILCOR and AHA guidelines

Certificate of Completion

This certifies that the person named below has completed a
1 Hour Bloodborne Pathogens Training Class
and has passed a written knowledge assessment

COURSE FOR BLOODBORNE PATHOGENS

BLOODBORNE PATHOGENS TRAINING CLASS

Isabel S. Rourke

Arlington, MA

Date of Course Completion: 08/01/2023

Valid for 1 Year

Certificate Number: 970795



A stylized signature of Mr. Robert A. Williams.

Mr. Robert A. Williams, Course Instructor
(888) 338-8855 | certificate@courseforbbp.com

Verify the authenticity of this certificate by
visiting: NAlearning.org/Verify



SAVE EACH LIFE

Professional Adult & Pediatric First Aid, CPR/AED, BPP, Skin Course for Body Artists, Babysitter's Training and Certification
332 Deerfield Street, Greenfield, MA 01301 Tel. (413) 774-7747 SaveEachLife.com

Proudly presents this

Anatomy, Physiology and Skin Course for Body Art Practitioners Certificate

To Isabel S. Rourke

*who has successfully completed the training in the basics of Anatomy and Physiology,
Diabetes, Skin Diseases, Disorders and Conditions,
and passed the final exam with at least 75% correct answers.*

Security Control No.

426343

Embosser Seal

Date: January 22, 2024

Dan V. Oro

Authorized Signature

To verify authenticity, call Dan Oros at (413) 824-9581

Introduction

This folder, one of two, was designed and created by Ink Jam Tattoo Studio. James Quinn and Isabel Rourke. The guidelines used to create and design this folder came from the "Body Art Apprentice Variance" from the town of Arlington, Department of Health and Human Services.

The "Body Art Apprentice Variance" is a guideline for Ink Jam Tattoo Studio, Isabel Rourke tattoo apprenticeship. The apprenticeship variance is for two years and needs to renew on a yearly basis, therefore we created two identical folders.

The "Body Art Apprentice Variance" consists of important documents required by the Board of Health that are listed below.

Important documents include:

- Body Art Practioner requires valid identification to confirm applicant is at least 18 years of age, address, phone number, email, and emergency contact information.
- Bloodborne, First Aid, and CPR certificates
- Anatomy and Physiology certificate
- Body Art Task sheets and skill level descriptions, (examples taken from the Town of Cambridge and Medford), for the apprentice to master within the two years of apprenticeship and all sheets signed and initialed by the apprentice and assigned supervisor.
- Body Art Timesheet, (examples taken from the Town of Lowell), to keep track of the apprentice hours of work and training, and all forms signed and initialed by the apprentice and assigned supervisor.
- Consent to Tattoo by an Apprentice form filled out and signed by the client. Clients valid ID copied on the back of each form with the picture of the tattoo, dated, comment by the assigned supervisor, a skill level description of the tattoo, and all forms signed and initialed by the apprentice and the assigned supervisor.

After the first year of the apprenticeship all documents included in this folder are copied and kept for Ink Jam Tattoo Studio and the apprentice. The first year completed folder will be handed to the Town of Arlington, Department of Health and Human Services for the apprentice for the second year.

**Skill Level Description and
Apprentice Hours/Procedures Required**

Tattoo Apprentice Task Sheet

LEVEL 1

- Minimum of 150 Procedures and 500 Hours of small, simple, single color pieces

Supervisor Comments _____

Date _____ Supervisor Initials _____

LEVEL 2

- Minimum of 150 Procedures and 750 Hours of medium size (5"x5"), more complicated pieces of moderate difficulty.

Supervisor Comments _____

Date _____ Supervisor Initials _____

LEVEL 3

- Minimum of 150 Procedures and 1000 Hours of larger more complicated pieces involving the blending of multiple colors, custom designs, cover-up work, and fineline tattooing.

Supervisor Comments _____

Date _____ Supervisor Initials _____

**Skill Level Description and
Apprentice Hours/Procedures Required**

Tattoo Apprentice Task Sheet

75 Hours of Direct Observation

The apprentice should directly observe tattooing techniques of Professional Tattoo Practitioners. Attention should be paid to the clean-up and preparation procedures, sanitation and sterilization techniques, exposure control techniques practiced by the tattoo practitioner, hand-washing and glove use, machine maintenance, skin surface preparation and tattoo skills of the professional practitioner. Observation can only be done with the consent of the client.

Supervisor Comments _____

Date _____ Supervisor Initials _____

75 Hours of Workstation Clean-Up and Workstation Preparation

Some of these hours can be combined with the direct observation hours after the apprentice has learned workstation clean-up and preparation skills.

Supervisor Comments _____

Date _____ Supervisor Initials _____

Some of the levels are allowed to overlap, but the apprentice should master a step prior to moving on to the next level. The apprentice is required to submit ten pieces from each level as evidence of experience.

I certify that the apprentice has completed the required number of hours and procedures, has displayed the techniques and knowledge of a professional tattoo artist, and has successfully completed the Apprenticeship Program as designed by the Arlington Public Health Department.

Supervisor Signature _____ Date _____

Apprentice Signature _____ Date _____

Apprentice Task Sheet

Level 3: Large size - more complicated pieces involving blending multiple colors, custom designs, cover-up work, and fineline tattooing.

[illegible]

12 Park Avenue, Arlington, MA 02474 - (781) 316-2393

12 Park Avenue, Arlington, MA 02474 - (781) 316-2393

Direct Observation

Workstation Clean-up

Workstation Preparation

[illegible]



Apprentice Consent

CONSENT TO APPLICATION OF BODY ART PROCEDURE RELEASE AND WAIVER OF CLAIM - CONSENT TO TATTOO BY AN APPRENTICE

Please initial each item:

- _____ I acknowledge that I have been given the full opportunity to ask any and all questions which I might have about obtaining a tattoo from Ink Jam Tattoo Studio and that all of my questions have been answered to my full and total satisfaction.
- _____ I acknowledge that I have had a complete and satisfactory per-procedural consultation prior to any body art procedure and the health risks associated with it.
- _____ I acknowledge that I am not under the influence of drugs or alcohol.
- _____ I acknowledge that I have no history of hemophilia (bleeding) and/or I have consulted with a physician prior to receiving any tattoos.
- _____ I acknowledge that I have no history of skin disease, lesions, or sensitivities to soaps or disinfectants.
- _____ I acknowledge that I have no history of allergies or adverse reactions to pigments, dyes, latex, or other sensitivities.
- _____ I acknowledge that I have no history of epilepsy, seizures, narcolepsy, or fainting.
- _____ I acknowledge that I am not using medications such as anticoagulants which thin the blood or interfere with clotting.
- _____ I acknowledge that I am free of communicable diseases such as Hepatitis and/or HIV/AIDS.
- _____ I acknowledge that I am not pregnant.
- _____ I acknowledge that I have truthfully represented to Ink Jam Tattoo Studio that I am at least 18 years old.
- _____ I acknowledge receipt of written body art disclosures.
- _____ I acknowledge that infection and/or adverse reaction is possible, particularly in the event that I do not take proper care of my tattoo.
- _____ I acknowledge receipt of written instructions on the proper care of my tattoo and acknowledge the necessity for following these instructions.
- _____ I acknowledge that variations in color and design may exist between my tattoo as selected by me and as ultimately applied to my body.
- _____ I acknowledge that a tattoo is a permanent change and that no representation has been made on the ability to later change or remove the tattoo.
- _____ I acknowledge that the obtaining of a body art procedure is my choice. I consent to the application of a tattoo.
- _____ I acknowledge and understand that an apprentice is tattooing me.
- _____ I hereby give Ink Jam Tattoo Studio permission to publish any and all photos of my tattoo.
- _____ I hereby witness that all tattoo equipment (needles, tubes, inks, etc.) are new and/or sterile.
- _____ I hereby take responsibility for approving spelling of names and words and correctness of dates in my tattoo.

Name: _____

Address: _____

City/State/ZIP: _____

Phone #: _____

Email: _____

Date of Birth: _____

Body part where tattoo is located: _____

Description of tattoo: _____

Artist performing tattoo: _____

Ink Jam witness: _____ Supervisor Initial: _____

Signature: _____ Date: _____

By signing this form, I agree to release and forever discharge and hold harmless Ink Jam Tattoo Studio and its owners, agents, independent contractors, and employees from any and all claims, damages, or legal actions arising from or connected in any way with this body art procedure. I confirm that the above information was provided to me, that I do not have a condition which will prevent me from receiving body art, that I consent to the body art procedure, and am aware of the risks and that I was given a Disclosure Statement and an Aftercare Instruction sheet.